

# REDEMPTION RECOVERY BROTHERHOOD

“Recovery is a process of change through which people improve their health and wellness, live self-directed lives, and strive to reach their full potential.”

The Substance Abuse and Mental Health Services Administration (SAMHSA) defines recovery as:



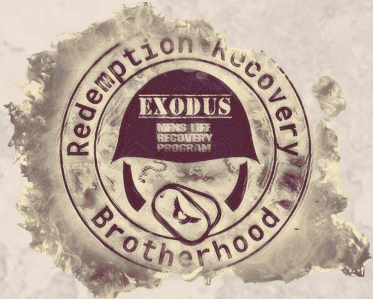
**STREETS ALIVE**  
— — **MISSION**

Streets Alive Mission  
323 – 4th Street S  
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Streets Alive Mission currently operates men’s and women’s housing programs which are current designates for use of the Recovery Road Program. Housing and Recovery Programs are Faith-based abstinence programs set within the community of Lethbridge Alberta.

Recovery Road is a four-phase supportive housing and addictions recovery program. The estimated timeline to complete the program from Phase one through Phase three, is approximately six months. Phase four begins and ends based on individual participation of clients. Phase four has no timeline for completion.

Our goal is to provide our clients with support, compassion, a safe space, and the time required to enable them to heal, grow and learn how to live life in a healthy fashion. We believe that with provisions of a continuum of care through a complete recovery program, participants will achieve success.



**EXODUS**  
**Men's Life Recovery Program**

bringing hope





The Recovery Road Program provides both individual counselling, psycho-educational presentations, Spiritual Care, and group processing sessions. Working together with other agencies within our community, we will be capable of facilitating all aspects of need for suitable applicants. Program fees for phase 1, 2 and 3 are \$600 p/mth.

#### PHASE 1: UNDERSTANDING THE ADDICTION

- Post Detox/ Pre-treatment
- First Stage Supportive Housing (Approximately 30 days)
- Treatment Plan Establishment (Treatment date, or acceptance into treatment, date pending)
- Supportive Living at Parkside Home with 24-hour staff presence
- Room & Board
- Restrictive Schedule
- Weekly journaling
- Purpose Filled Daily Activities
- Mandatory Volunteer Participation
- Complete Recovery Program (Psycho-Ed/ Psycho-Dynamic Groups/Spiritual Care, one on one counselling, 12 step included in program)
- Staff or approved volunteer accompaniment always
- Preparatory Therapeutic Approach
- Financial Trusteeship Program

#### PHASE 2: MAKING THE CHANGES

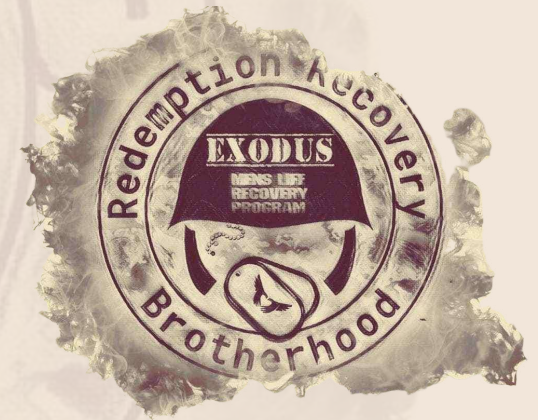
- Post Treatment
- Second Stage Supportive Housing/Recovery program (90 days)
- Room & Board
- Basic Life Skills Training
- Complete Recovery Program (Psycho-Ed/ Psycho-Dynamic Groups/Spiritual Care, 12 step included in program)
- Daily guided Journaling
- Health & Wellness/ Legal appointment Support
- Goal Setting Program, monthly client review
- 24/7 Access to Recovery Support Staff
- Closely Monitored Case Management
- One on One Counselling
- Financial Trusteeship Program
- Volunteer Opportunities
- Family Visitation Support

#### PHASE 3: MOVING FORWARD

- Third Stage Recovery Housing (30+ days)
- Supportive Living
- Daily Recovery Programming (attendance required when not actively in workforce or job ready program)
- Weekly Journaling
- Advanced Life Skills Training
- Job Ready Program (Resume, Skills Training, Financial Management, Job Search, Interview Skills)
- Workforce Program
- One on One Counselling
- Trusteeship Program
- Self Empowerment Focus
- Increased opportunity for visitation support (approval based)
- Additional responsibilities

#### PHASE 4: SUPPORTIVE HOUSING

- Supportive Living
- Minimum 30 days employment/Schooling required for entry
- Step work progression or completion required for entry
- Minimum meeting requirements
- Service responsibilities
- No timeline for completion



**Individuals with continued need will be addressed on a case-by-case basis.**

For further information please contact

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**RECOVERY IS REAL**