

The Recovery Road Program provides both individual counselling, psycho-educational presentations, spiritual care, and group processing sessions. Working together with other agencies within our community, we are capable of facilitating all aspects of need for suitable applicants. Program fees for phases 1, 2 and 3 are \$600 per month.

## PHASE 1: UNDERSTANDING THE ADDICTION

- First stage supportive housing (approximately 30 days)
- Supportive living at Segue Home with 24-hour staff presence
- Room & board
- Restrictive schedule
- Purpose filled daily activities
- Mandatory volunteer participation
- Complete recovery program (psycho-ed/ psycho- dynamic groups/spiritual care, 12 Step included in program)
- Staff or approved volunteer accompaniment always
- Preparatory therapeutic approach
- Financial trusteeship program

## PHASE 2: MAKING THE CHANGES

- Post treatment
- Second stage supportive housing/recovery program (90 days)
- Room & board
- Basic life skills training
- Complete recovery program (psycho-ed/ psycho-dynamic groups/spiritual care, 12 Step included in program)
- Daily guided journaling
- Health & wellness/ legal appointment support
- Goal setting program, monthly client review
- 24/7 access to recovery support staff
- Closely monitored case management
- One on one counselling
- Financial trusteeship program
- Volunteer opportunities
- Family visitation support

## PHASE 3: MOVING FORWARD

- Third stage recovery housing (120+ days)
- Supportive living
- Daily recovery programming (attendance required when not actively in workforce or job ready program)
- Weekly journaling
- Advanced life skills training
- Workforce program
- One on one counselling
- Trusteeship program
- Self empowerment focus
- Increased opportunity for visitation support (approval based)
- Additional responsibilities

## PHASE 4: SUPPORTIVE HOUSING

- Supportive living
- Minimum 30 days employment/schooling required for entry
- Step work progression or completion required for entry
- Minimum meeting requirements
- Service responsibilities
- No timeline for completion

*safe, faith-based recovery for women*



Individuals with continued needs will be addressed on a case-by-case basis.

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*Recovery is Real*



Recovery programming focusing on post addiction care, emotional well being and spiritual growth.

Streets Alive Mission currently operates women's and men's housing programs which are current designates for use of the Recovery Road Program. Housing and recovery programs are faith-based abstinence programs set within the community of Lethbridge, Alberta. Our goal is to treat the whole person; physical, emotional and spiritual.

Recovery Road is a four-phase supportive housing and addictions recovery program that is gender specific. The estimated timeline to complete the program from Phase one through Phase three is approximately six months. Phase four begins and ends based on individual participation of clients. Phase four has no timeline for completion.

Our goal is to provide our residents with support, compassion, a safe space, and the time required to enable them to heal, grow and learn how to live life in a healthy fashion. We believe that with provisions of a continuum of care through a complete recovery program, participants will achieve success.

*Redemption  
Recovery  
Community*

*“Recovery is a process of change through which people improve their health and wellness, live self-directed lives, and strive to reach their full potential.”*



STREETS ALIVE  
MISSION

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**Women's Life Recovery Program**

bringing hope

