



# Empowering people



## Christmas in July

It's not just a gimmick anymore, folks. Christmas in July used to be a cutesy sales thing, remember? Something stores could do to have a themed sale and draw people in and move some merchandise. But listen, I was in Costco this year and the Christmas décor was out in August. AUGUST, people. I don't want visions of sugarplums dancing in my head during swimsuit season!



If you're like me, those first Christmas decorations appearing in stores stir up feelings of impending doom. If you're like my brothers, you've already planned out your Christmas display and frankly, Santa is a little jealous. We all approach the season differently, and there's room for all of us. For some though, Christmas can be a time for painful memories and heartbreak. Broken families, separations, and grief are all a part of what we've seen our clients go through this time of year.

Our Exodus and Genesis Life Recovery programs work hard to surround the men and women in them with love and support all year round, but particularly at this time of year. We want to make sure that at these stressful moments, they have that extra bit of cushioning to fall back on. Family is such an important part of recovery, and we encourage them to reconnect with their families, when it's safe and healthy for them to do so. If it isn't, we become their family. A helping hand, a listening ear, a shoulder to cry on, a friend to laugh with.

After all, what is Christmas without family?



In this newsletter you will find:

What we're doing, how we're helping, and how you can help, too. Keep Reading!



# Recovery is Real

## OUR VISION

To Bring Hope to the Hopeless

**"A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another."**

- John 13:34

## IT'S BACK! Stuff A Bag For Streets!

### Here's how it works:

- Pick up a bag (as many as you'd like)
- Fill the bag (examples below)
- Return the bag to Streets Alive Mission (323 4th St. S. or 219 12B St. N.)
- We distribute the contents of bags to those in need in our community!

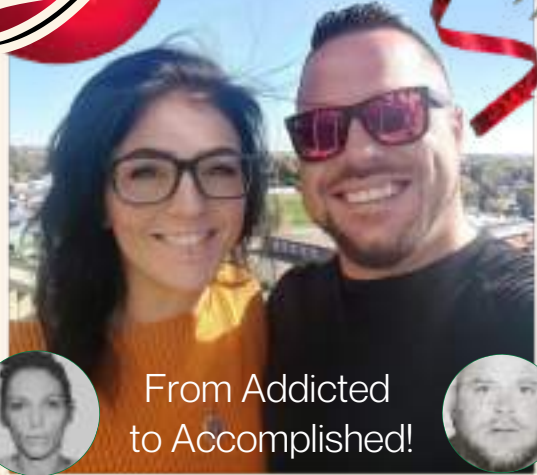
### What can you put in the bag?

Toothbrushes | Toothpaste | Soap | Gloves  
Shampoo | Deodorant | Hair Brushes | Socks  
Hand warmers | Underwear | Chap Stick | Nail  
Clippers | Feminine Hygiene Products | Gently  
Used Clothing | Juice Boxes | Crackers | Fruit  
Cups | Cookies | Canned Soup | Band-aids

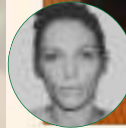


Scan to see where you can pick up a bag on our map

DONATE ONLINE: [STREETSALIVE.CA](http://STREETSALIVE.CA)



From Addicted to Accomplished!



"When everything seems to be going against you, remember that an airplane takes off against the wind, not with it..."

In our addiction, everything in life seemed impossible. It was up to us to make it possible.

Never give up, keep on moving forward, and never forget that nothing is impossible -- *everything is possible.*

Recovery has not only given us our lives back, it has also given us a life worth living. We are real because RECOVERY IS REAL!"

- D&T

MERRY CHRISTMAS



Donors give through us... not to us

Changing lives through many ministries..

**Feedin' Them Hope:** Our building provides sanctuary from the struggles of street life; individuals can stop in, warm up, get a cup of coffee & access the services we offer. We know their stories, their names & they know here, they matter!

Our **PIN (People In Need) Bank** sees an average of 50 people per day, with more than 500 unique clients.

We support between 120 and 150 clients in our **Trusteeship** program.

We offer **Foot Fridays & Care Cuts**, programs that offer care at no charge, to anyone.

Our **Outreach** team works on the street. In January 2023, we referred 13 individuals into treatment programs & as of June, 11 of those individuals were still sober.

Our **RePurpose Donation Centre** assists more than 20 families per week by offering them household goods at no charge.

Our **Food Bank** provides hampers to those who need a little extra help. We distribute approx. 50 individual food hampers & 20 family food hampers weekly.

Our **Freedom Church** offers a safe, welcoming environment for those looking to strengthen their connection with God. Everyone is welcome!

We also offer two **Life Recovery Programs: Exodus for Men & Genesis for Women**. These programs see more than 30 applications per month. In 2022, we helped 33 women and 77 men reclaim their lives & achieve more than 120 days sobriety!



## Did you know?

When you set up a **monthly donation online**, you can pick exactly which program you'd like to fund. Help someone in Recovery, support the Outreach work we do, or donate to our general fund. Whichever cause you choose, you'll know you're making a real difference in our community.

# Be a light in the darkness this holiday season

**Streets Alive Mission is predominantly community-funded; to continue our important work, we rely on support from people like you. We always need volunteers, donations of clothing, non-perishable food items, household goods or funds to purchase our most needed items.**

## Can you help?

**Your contribution changes lives of real people here in Lethbridge. This holiday season, give the best gift you can give: give the gift of Hope! Please donate today!**



Streets Alive Mission plans to raise an estimated \$1,500,000 this year via fundraising campaigns. It will cost the organization an estimated \$149,000 to accomplish this. The money raised will be used to provide services for those struggling with poverty in our community.

**THANK YOU FOR BRINGING HOPE FOR THE FUTURE TO OUR COMMUNITY!**

Want to learn more about our programs?  
Visit [streetsalive.ca](http://streetsalive.ca)

Thank you

